



école élémentaire • elementary school

School District No. 83 (North Okanagan-Shuswap)

School District No. 83 has provided schools with the following checklist for families to refer to on a regular basis. *Please note: families to do not have to fill out the form. The form is for families to reference when completing health checks at home.*

There will be an online form that families will complete through Parent Connect, acknowledging your family will monitor your child(ren)'s health on a daily basis and keep your child(ren) at home if your child(ren) displays symptoms unrelated to a pre-existing condition (eg. asthma or allergies).

Child Self-Check Health Check Form		
Symptoms of Illness		Do you have the following symptoms?
Yes <input type="checkbox"/>	No <input type="checkbox"/>	Fever
Yes <input type="checkbox"/>	No <input type="checkbox"/>	Chills
Yes <input type="checkbox"/>	No <input type="checkbox"/>	Cough or worsening of chronic cough
Yes <input type="checkbox"/>	No <input type="checkbox"/>	Shortness of breath
Yes <input type="checkbox"/>	No <input type="checkbox"/>	Sore throat
Yes <input type="checkbox"/>	No <input type="checkbox"/>	Runny nose / stuffy nose
Yes <input type="checkbox"/>	No <input type="checkbox"/>	Loss of sense of smell or taste
Yes <input type="checkbox"/>	No <input type="checkbox"/>	Headache
Yes <input type="checkbox"/>	No <input type="checkbox"/>	Fatigue
Yes <input type="checkbox"/>	No <input type="checkbox"/>	Diarrhea
Yes <input type="checkbox"/>	No <input type="checkbox"/>	Loss of appetite
Yes <input type="checkbox"/>	No <input type="checkbox"/>	Nausea and vomiting
Yes <input type="checkbox"/>	No <input type="checkbox"/>	Muscle aches
Yes <input type="checkbox"/>	No <input type="checkbox"/>	Conjunctivitis (pink eye)
Yes <input type="checkbox"/>	No <input type="checkbox"/>	Dizziness, confusion
Yes <input type="checkbox"/>	No <input type="checkbox"/>	Abdominal pain
Yes <input type="checkbox"/>	No <input type="checkbox"/>	Skin rashes or discoloration of fingers or toes
International Travel		Have you or anyone in your household returned from travel outside Canada in the last 14 days?
Yes <input type="checkbox"/>	No <input type="checkbox"/>	
Confirmed Contact		Are you or is anyone in your household a confirmed contact of a person confirmed to have COVID-19?
Yes <input type="checkbox"/>	No <input type="checkbox"/>	
<p>If you answered "Yes" to any of the questions and the symptoms are not related to a pre-existing condition (i.e. Allergies/Asthma) your child should not come to school.</p> <p>If there is a pre-existing condition, answer "No" on form.</p>		
<p>If your child is experiencing any symptoms of illness, contact your health-care provider for further assessment. This includes 8- 1-1, or a primary care provider like a physician or nurse practitioner.</p> <p>If you answered "YES" to questions 2 or 3, use the COVID-19 Self-Assessment Tool to determine if you should be tested for COVID-19.</p>		

If a child arrives at school with any of the above symptoms or develops symptoms at school, the principal or vice-principal will follow these steps:

1. Have the child come out of the classroom, and go to a supervised space away from other students and adults.
2. Ask the child if he/she is comfortable wearing a disposable mask. If the child would like to wear a mask, he/she will be provided with one.
3. Talk to the child about his/her symptoms.
4. Phone the child's parent or caregiver to talk about the child's symptoms.
5. In consultation with the parent/caregiver, determine if the child will be picked up by the parent/caregiver or if the child will return to class.

Please note:

- The child may return to class if the principal or vice-principal determines that the child is displaying symptoms related to a pre-existing condition (eg. asthma or allergies). Often children get an upset tummy due to anxiety or stress, in which case the child can remain at school and the school will follow-up and provide support as we normally would in this circumstance.
- If in doubt and we're unable to legitimately justify that the child can stay at school, we will require the child to be picked-up by a parent/caregiver. We understand that this may be an inconvenience to some families, but we must ensure the health and safety of all our students and staff members.
- **A child may return to school when he/she no longer displays symptoms of being ill.**

Thank you for your ongoing support to help us in our efforts to provide a healthy and safe learning/working environment.

Sincerely,

Bastion Elementary Health & Safety Committee